



NO PAIN AFTER SURGERY

*Simplifying post-surgical pain management
with a multimodal strategy*

PRESENTED BY:



M. Timothy Gocke, D.D.S.
Virginia Oral, Facial & Implant Surgery

How much will it hurt after surgery?

When you're about to undergo surgery, it can be a little scary to think about how bad it will hurt after the anesthesia wears off. True, some pain after surgery is to be expected as the body works to heal itself. But, thanks to our **advanced pain-management systems**, you can get back to life faster and more comfortably after common surgeries, such as when:



Wisdom teeth extractions are needed to live without pain.



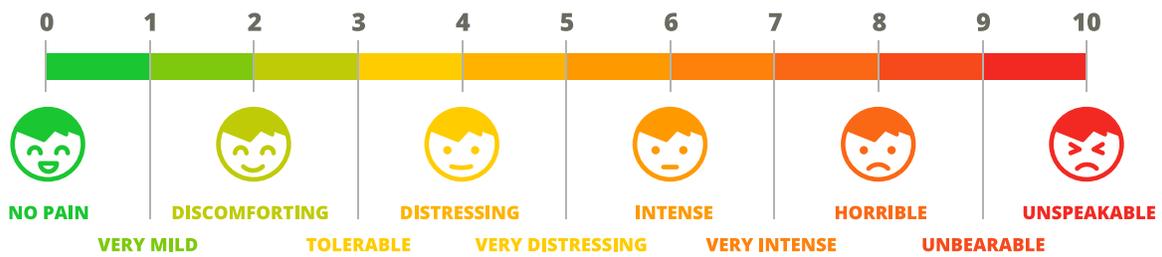
Dental implants are placed to rejuvenate your smile.



Jaw and facial surgery is performed to improve function and appearance.

For these and other oral & facial surgical procedures, we may use EXPAREL® as part of our multimodal pain management system to prevent pain after surgery and help you get through the first 2-3 days without the need for strong narcotic medication.

Our advanced multimodal pain-management systems make it possible to be virtually pain-free after surgery until full recovery!



Patients using **EXPAREL®** reported post surgical pain levels to be between **0-2**.



Other options for managing pain.

Since people react to medication and tolerate pain differently, you need a surgical expert who can tailor a multimodal pain-management system that will help manage your pain while avoiding the dangers associated with strong narcotic medication (such as potential abuse or addiction).



Option 1:

Acetaminophen

You are most likely familiar with acetaminophen since this is used to manage mild to moderate pain.



Option 2:

NSAIDs

You've probably heard of aspirin, ibuprofen, and naproxen as common pain relief medications. These are included in what are called nonsteroidal anti-inflammatory drugs that help with swelling and inflammation.

With our multimodal pain management systems, we carefully determine the right medications for you without causing secondary reactions or causing internal damage.

- ✓ In some cases, all you may need to manage your pain is acetaminophen combined with NSAIDs (like ibuprofen).
- ✓ When indicated, Dr. Gocke will recommend the use of EXPAREL® to decrease the chance of needing narcotics (opioids) and expedite recovery.



Other options for managing pain.



Option 3:

Narcotic Medications (a.k.a opioids)

Commonly after surgery, you would be prescribed a narcotic medication (like morphine or vicodin) to dull your brain's pain receptors for a prescribed limited time.

SIDE EFFECTS:

Although it's important in managing some types of pain after surgeries, narcotics cause **nausea, constipation, and vomiting**. Worst yet, some patients (more conspicuously, teens and younger adults) develop a tolerance and/or dependence to narcotics over time, which means they need higher doses to get relief or may even become **addicted**.



Option 4:

Traditional Local Analgesics

Local analgesics numb the area around the surgical site typically lasting up to a few hours. To prolong this effect, a longer-acting local anesthesia (like EXPAREL®) can be used in oral surgery.

SIDE EFFECTS:

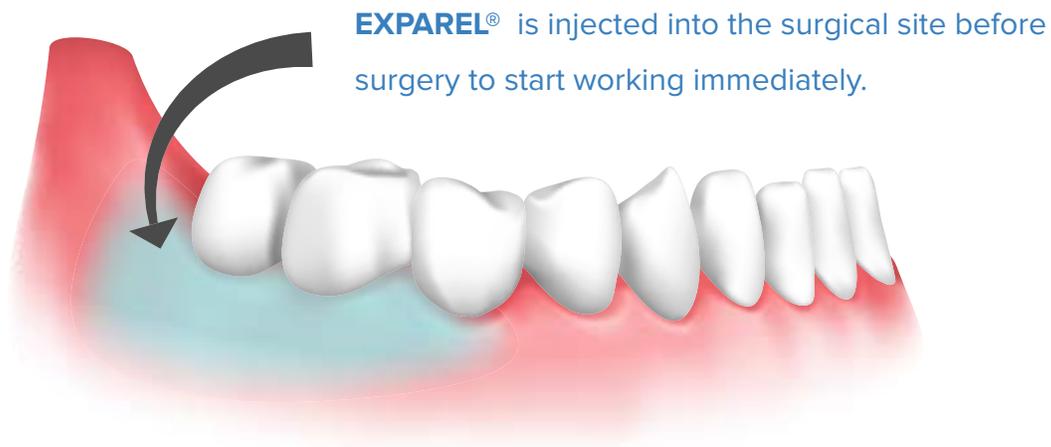
This traditional method prolongs the numbing effect for some time after surgery, but wears off before you start to heal.



What makes EXPAREL® a better pain management option?

Our revolutionary pain-management system may include a precise combination of any of the previously mentioned methods thanks to EXPAREL®.

EXPAREL® is a **non-narcotic** medication that can relieve pain in the surgical area for **up to 3 days!**



How? During your procedure, we administer EXPAREL® directly into the surgical site to numb the specific area long before the pain ever starts.

Thanks to its advanced compound and **slow time-release technology**, we no longer need to depend solely on narcotics to relieve your pain after surgery. The appropriate dose is slowly released over time to control pain while your body focuses on healing!



BENEFITS OF EXPAREL® PAIN CONTROL

With a single dose, the active ingredient of **EXPAREL®**—bupivacaine—is directly released slowly into the surgical site to provide extended relief of the area for up to **3 days!**



- ✓ Administered before you feel the pain.
- ✓ Locally numbs the surgical site for 3 days.
- ✓ No risk of developing a dependency or an addiction to narcotics.
- ✓ It is so effective, some patients didn't even need to take narcotic pain medications at all.
- ✓ The long-lasting pain control helps you focus on getting back on your feet, not on the pain.





FOCUS ON HEALING, NOT ON FEELING PAIN

Most importantly, EXPAREL® helps your body to focus on **healing** instead of the pain.

When in pain, your body sends danger signals to your brain, spending energy to protect the area and prevent further damage.

If you had a wisdom tooth extracted, a dental implant placed, or restorative/cosmetic jaw and facial surgery, your body requires a significantly larger amount of energy to heal. This is no time to toughen up and endure the pain.

It is wiser to optimize the body's available energy and focus it on healing, which you can do by taking advantage of our:



Post-op care
instructions



VIP recovery
rooms



Periodic pain
checkpoints



Post-surgery
energy diets

Feeling some pain or discomfort after surgery is entirely normal. Since everyone's experience is different, we recommend talking to your doctor to get a clearer picture of what your unique recovery journey might be like after a particular surgical procedure.



*We'll help get you back on your feet
and on with your life sooner.*

SCHEDULE YOUR CONSULTATION

CONTACT US



M. Timothy Gocke, D.D.S.
Virginia Oral, Facial & Implant Surgery

703-388-2805 | info@drgocke.com

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